



Disclaimer:

The content and services provided by My Breakthrough Coaching (also operating as My Breakthrough Community), including but not limited to peer support sessions, coaching sessions, courses, events, downloadable materials, and any other resources, are for informational and educational purposes only.

My Breakthrough Coaching, its representatives, and employees provide peer support and coaching services and are not licensed medical or mental health professionals, and the services offered are not intended to diagnose, treat, cure, or prevent any medical or psychological condition. Always consult with your physician or healthcare provider regarding any medical or psychological concerns or before making significant lifestyle changes.

By using this website or engaging in services offered by My Breakthrough Coaching or My Breakthrough Community, you agree that any decisions you make based on the information provided are at your own risk, and you indemnify My Breakthrough Coaching, its representatives, and employees from any liability for damages, losses, or injuries that may result.

For additional information, refer to our ***Terms & Conditions***.